Title

Subtitle

Name

[Colphon – To be inserted by OsloMet University Library]

NB! The section break immediately following this paragraph must NOT be deleted. Enable display of whitespace and hidden characters. In the Home Tab look for the paragraph mark: «¶». Please undo (CTRL-Z) if you accidentally delete the section break.

Preface

[Insert contents here or skip this section.]

[Full Name], [Place], [Date]

Abstract

[Insert contents here or skip this section.]

Sammendrag

[Norwegian Abstract. Insert contents here or skip this section.]

NB! The section break immediately following this paragraph must NOT be deleted. Enable display of whitespace and hidden characters. In the Home Tab look for the paragraph mark: «¶». Please undo (CTRL-Z) if you accidentally delete the section break.

Contents

[Preface i](#_Toc190172067)

[Abstract ii](#_Toc190172068)

[Sammendrag iii](#_Toc190172069)

[Contents 1](#_Toc190172070)

[List of Tables 1](#_Toc190172071)

[List of Figures 1](#_Toc190172072)

[Publications 2](#_Toc190172073)

[Definitions/abbreviations 3](#_Toc190172074)

[1 Introduction 4](#_Toc190172075)

[2 Theory 5](#_Toc190172076)

[3 Method 6](#_Toc190172077)

[4 Results and analysis 7](#_Toc190172078)

[5 Discussion 8](#_Toc190172079)

[References 9](#_Toc190172080)

[Appendices 10](#_Toc190172081)

List of Tables

**No table of figures entries found.**

List of Figures

**No table of figures entries found.**

Appendices

Appendix 1 – Name of appendix

Publications

References to your publications are inserted on this page.

For each publication in this list, a separator sheet followed by a blank page should be added at the end of the document.

The heading "Publications" can be replaced with a more suitable term.

Remember to also carry forward these changes in terminology to the separator sheets and the “Publications” heading at the end of the document.

The same applies when making changes to the number format in the publication list as used below.

1. [reference] [live DOI URL if applicable] [(status if unpublished)]
2. [reference] [live DOI URL if applicable] [(status if unpublished)]
3. [reference] [live DOI URL if applicable] [(status if unpublished)]
4. [reference] [live DOI URL if applicable] [(status if unpublished)]

Definitions/abbreviations

[Insert contents here or skip this section.]

NB! The section break immediately following this paragraph must NOT be deleted. Enable display of whitespace and hidden characters. In the Home Tab look for the paragraph mark: «¶». Please undo (CTRL-Z) if you accidentally delete the section break.

.

1. Introduction

Insert contents here or skip this section.

Note that the different parts/chapters in the main part of the dissertation template is a suggested starting point.

Each part/chapter should have a chapter heading using the Paragraph Style: (H1)

You are free to name the different parts what you deem appropriate and to add or remove parts at your own discretion.

1. Theory
2. Method
3. Results and analysis
4. Discussion

NB! The section break immediately following this paragraph must NOT be deleted. Enable display of whitespace and hidden characters. In the Home Tab look for the paragraph mark: «¶». Please undo (CTRL-Z) if you accidentally delete the section break.

References

Add references using your chosen reference style. This document has defined the following paragraph styles for references which you can apply to the reference list: (Ref APA7), (Ref Chicago) and (Ref IEEE)

Each reference should occupy exactly one paragraph.

PRO TIP: merge formatting when pasting references from another source document:

1. Make sure the destination paragraph in this document has your chosen reference paragraph style applied, i.e. (Ref APA7)
2. Copy the whole reference list from the source document using CTRL+C
3. Right click in the Word destination document and choose Paste Options: Merge Formatting

This will apply the paragraph style in the destination document while preserving direct formatting such as italics and does not copy other problematic styles from the source document to the destination document.

1. [reference] [live DOI-url if applicable]

Appendices

Leave this page empty under the heading, or insert a list of the appendices, or give some form of overview of the appendices.

Insert the appendices beginning from the next page.

If you don’t have any appendices, please delete this page.

NB! The section break immediately following this paragraph must NOT be deleted. Enable display of whitespace and hidden characters. In the Home Tab look for the paragraph mark: «¶». Please undo (CTRL-Z) if you accidentally delete the section break.

Appendix 1

(…)

Publications

On this page you may repeat the list of publications as listed after the table of contents, or leave this page blank except for the heading.

From the next page one cover page/separator sheet followed by a blank page should be included for each reference in the publications list in the beginning of the document.

4 sets are included, but you can remove or create more.

For each publication in the publication list we need:

1. One page with:
   * One paragraph/line with publication number  
     Paragraph style: [Cover Page Publication Number]
   * One paragraph/line with the reference to your publication Paragraph style: [Cover Page Reference]
   * One paragraph/line with the publication's status (if unpublished)   
     Paragraph Style: [Cover Page Publication Status]
2. One blank page. (Press CTRL-ENTER twice to achieve this)

Publication I

[reference] [live DOI URL if applicable]

Status: [published / under review / accepted (YYYY.MM.DD) / manuscript etc.]

Publication II

[reference] [live DOI URL if applicable]

Status: [published / under review / accepted (YYYY.MM.DD) / manuscript etc.]

Publication III

[reference] [live DOI URL if applicable]

Status: [published / under review / accepted (YYYY.MM.DD) / manuscript etc.]

Publication IV

[reference] [live DOI URL if applicable]

Status: [published / under review / accepted (YYYY.MM.DD) / manuscript etc.]